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TEMS is going strong after another great fall semester! We have been hard at work with our 24/7 service responding to all kinds of medical emergencies on and around campus.

We transitioned smoothly into the implementation of Massachusetts's updated protocols and have undergone some changes of our own as well. For starters, we changed our application process to include a practical and written component leading to the addition of some talented new members.

TEMS was once again present at all of the classic Tufts events: Fall Gala, Cage Rage, Community Day, and our fair share of Rugby games and practices. To keep ourselves sharp, we held many interesting trainings such as a lecture and workshop on Pediatric Emergencies led by our very own former TEMS member Dr. Ted Macnow!

Starting out in 2015 TEMS is entering it’s 30th year of service. Plans are in the works to celebrate this great milestone, and we hope to hear from and see as many of you as possible so we can celebrate all together. It is incredible to think of how far we’ve come in 30 years, and I can’t wait to see where we go in the next 30!

Don’t be a stranger to the TEMS family. We want to hear from you! Email us at Tems@tufts.edu, check us out on Facebook, join our Linkedin group, and be on the lookout for the next issue of the Pulse to stay up to date on how our 30th year is going.

All the Best,
Haylee Rosenblatt
Tufts EMS Executive Director
Fall 2014: What has TEMS been up to?

This past semester TEMS has been present around the Tufts campus and neighboring Medford and Somerville communities in many different ways.

On campus, TEMS has attended or participated in several events. In September, TEMS participated in both the Civic Engagement and Activities fairs. At the activities fair, TEMS recruited new members and taught incoming students about TEMS. At the Civic Engagement Fair, TEMS taught members of the community hands only CPR as a part of the American Heart Association's Heartsaver Campaign. (For more information on this, check out the AHA's website.) TEMS also participated in the National Collegiate EMS week in November. TEMS members were available in the campus center throughout the week to train members of the Tufts community in hands only CPR. The goal is to get as many people trained as possible in order to establish a safer and more aware community. Finally, a TEMS detail was requested at both Fall Gala and Cage Rage to ensure the safety of all participants.

TEMS has been active within the larger Medford/Somerville communities as well. On community day in October, TEMS and TUPD interacted with members of the Tufts and Medford/Somerville communities. Kids could checkout some of our equipment or color and learn about EMS. In October, Tufts hosted a Firehouse Chili Event in Carmichael dining hall where TEMS, Medford and Somerville Police, Fire, and EMS were all able to connect in a relaxed setting--no sirens involved.
The brothers of Delta Tau Delta learn CPR.

Training

TEMS offered its members various trainings throughout the fall semester. During new student orientation, TEMS held a three day boot camp for returning members which covered BLS Medications, Lifting and Moving Patients, and Seizure Management. In September, former TEMS member, Dr. Ted Macnow, led a training on pediatric emergencies with a focus on
respiratory emergencies and airway management. For October’s training, Eric Stratton, from STS Consulting, taught TEMS about TEMS (Tactical EMS). Topics covered include hemorrhage control, rapid assessment, and emergency scenarios involving a Tactical Response Team. The final training of the semester focused on proper use of personal protective equipment. Travel history and Ebola specific protocols were discussed due to it's current relevance.

Call Stats Fall 2014

Total Calls: 229
Trauma: 66
EtOH: 60
Sick Person / Minor Pain: 22
Cancelled / Pt not found: 18
ABD Pain / Nausea / Vomiting:17
Syncope:13
Breathing Issues: 9
Psych: 9
Allergic Reaction: 3
Non-EtOH Overdose:3
Seizure: 2
Burn: 2
Chest Pain: 2
Bug Injuries: 2
Chemical Inhalation: 1

Alumni Announcements

We would like to congratulate Kayla Murdock on her marriage to Ian Murphy! Both Kayla and her husband are medics for Cataldo Ambulance Service.
We would also like to congratulate Rob Kaufman '13 who has recently become a licensed paramedic in Massachusetts.

We want to hear from you! If you would like to submit an update, announcement, or request to The Pulse, email us at TEMS.Pulse@gmail.com.

Stephen's Towing was dispatched to a broken down vehicle. O/A Stephen's Towing found one 2004 Ford Explorer c/o a flat tire. A&O x 4. Pt. had visible deformity to left rear tire and stated that it "woke up like that." Pt. denied any pain, numbness or tingling. PE revealed no other signs of damage. +CSMs x4, -SOB, -CP, -N/-V, -Dizziness, -LOC. Pt. was transported via tow truck, secured by towing hook x1. Stephen's Towing--> Garage. Stephen's Towing cleared without incident.
For submissions, comments, questions, concerns - contact us at: tems.pulse@gmail.com

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